

SAMPLE ACTIVITY FORM - physical education

DESCRIPTION OF A PROFESSIONAL DEVELOPMENT ACTIVITY FOR CEUs

This form or its equivalent is to be used to document each activity for which CEUs are awarded. Use additional pages if necessary.

NAME OF APPROVED PROVIDER

PROVIDER NO.

After-school fitness and fun

TITLE OF ACTIVITY

ASSIGNED ACTIVITY NUMBER :

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Activity Start Date : 10 / 15 / 05

Activity End Date : 5 / 21 / 06

Number of sessions : 4

Evaluation completed (date) : _____

Dates of sessions :

10 / 15 / 05 (5 hrs); 1 / 18 / 06 (5 hrs); 3 / 20 / 06 (5 hrs) 5 / 21 / 06 (3 hrs)

Total Contact Hours : 18
(include only time on task in calculation)

No. CEUs Awarded : _____
(Based upon total contact hours)

Date CEU Certificates Issued : _____ / _____ / _____

Total No. Participants Awarded CEUs : _____

Name of Presenter(s) if applicable : N/A

Appropriate focus : (cite specific reference to CT Framework, CT Common Core of Learning, CT Common Core of Teaching, and CT Guidelines for Teacher Evaluation & Professional Development)

CT Framework K-12 Curricular Goals & Standards – Physical Education; CCT; CCL

Learning Outcomes : (as a result of participating in this activity, a participant will...)

- * develop criteria for determining how appropriate video-based exercise programs are for our students
- * review several video- or DVD-based exercise programs that might appeal to students, & determine which programs are appropriate for our students
- * outline the design for an after-school exercise program for students, with varying levels of difficulty
- * design a plan to introduce this after-school program to students in the next school year

Effect on Improved Student Learning : (as a result of this activity indicate how student learning may be improved)

- * students will have opportunities, beyond PE classes, to develop greater levels of fitness while they socialize
- * students will become more physically fit over time, and find an exercise program they enjoy and will stick with

Additional Requirements for Successful Participation / Completion :

N / A

Describe evaluation methodology : criteria for video- and DVD program reviews; summary of review of each program; outline of after-school program; (long run) numbers of students who sign up for program

CEU Coordinator Signature

Date